

Resume

Dr. Saba Ahmed (Saba Shahid)

MBBS, MCPS, FCPS, Masters in health professional education

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Objective

To pursue my career in Pediatric Medicine as a clinician and teacher

Personal Details

Date of Birth: 23-10-1972

Marital Status: Married

Religion: Sunni, Muslim

Husband's Name: Dr. Muhammad Shahid Shamim

Qualifications

- Masters in Health Professional Education, 2021
- ESME Certification course on Essential skills in Medical Education, 2018
- Diploma in Clinical Nutrition Pakistan Institute of Modern Sciences, 2011
- F.C.P.S (Peads) College of Physicians and Surgeons Pakistan, 2005
- M.C.P.S (Peads) College of Physicians and Surgeons Pakistan, 2003
- MBBS Dow Medical College, University of Karachi, 1996

Professional Experience

- Pediatric consultant and Head of Department. The Indus Hospital, Karachi 06-10-2016 till date
- Medical Director & Pediatrician, Disabled Children Association, Jeddah, 22-03-2015 to 15-06-2016
- Assistant Professor & Consultant, Department of Pediatrics, Indus Hospital, Karachi, 08-10-2010 to 25-05-2013
- Assistant Professor & Consultant, Department of Pediatrics, Civil Hospital, Karachi, Dow University of Health Sciences, 30-5-2005 to 07-10-2010
- Specialist Pediatrician, S.S. Hospital, Karachi, October 2002 – December 2008
- Resident Medical Officer, Department of Pediatrics, Unit I, Civil Hospital Karachi, August 1999 – October 2002
- Medical Officer, S.S. Hospital, Karachi, July 1998 – July 1999
- House Job – Six months General Medicine, Civil Hospital Karachi, December 1996 – June 1997

Registration

Pakistan Medical & Dental Council

Saudi Commission for Health Specialties

Research & Publications

- Anis, S., Abid, A., Kodwawwala, S.U. *et al.* Rare and heterogeneous manifestations of leucocyte adhesion deficiency type 1: report of two cases with diagnostic dilemmas and novel *ITGB2* mutation. *Allergy Asthma Clin Immunol* 19, 36 (2023).

- Hemani F, Naveed A, Akhtar S, Shahid S. Lemierre's syndrome in a child. Pakistan Journal of Medical Sciences. 2022 Jan;38(2):433.
- Experience of using home-based fortified diet in rehabilitation of malnourished children at Indus Hospital, Karachi, Pakistan An institution based retrospective chart review study. BMC Nutrition ;(2021),7;49.
- Comparison of Clinical and Diagnostic Features of Pediatric Oncology Patients with or Without COVID-19 Infection. A Retrospective Chart Review. Journal of Pediatric Hematology/Oncology: September 06, 2021; 1-7.
- Clinical features and outcome of COVID-19 positive children from a tertiary healthcare hospital in Karachi. Journal of medical virology. October 2021 ;93(10):5988-5997
- A review of clinical profile, complications and antibiotic susceptibility pattern of extensively drug-resistant (XDR) Salmonella Typhi isolates in children in Karachi. BMC Infectious disease. 2021;21:900
- Common Infections and Antibiotic Susceptibility among Malnourished Children: A hospital based study from Karachi. Infectious diseases journal .January - March 2016 Volume 25 Issue 01
- "Implementing WHO feeding guidelines for inpatient management of malnourished children". J Coll Physicians Surg Pak 2014;24(7):493-497
- "Non- traumatic coma in pediatric patients: etiology and predictors of outcome". Pak Med Assoc 2011; 61(7):671-5
- "Severe malaria in children; factors predictive of outcome and response to quinine". J Pak Med Assoc 2011;61(1):54-8.
- "Psychomotor development of Malnourished versus healthy Pakistani children of up-to 6 years of age". Pak Paed J 2008;32(1):23-8.
- "Dengue fever outbreak in Karachi 2006 - A study of profile and outcome of children under 15 years of age". J Pak Med Assoc 2008; 58(1):4-8.
- "Dengue fever: a review article". Infectious Disease Journal 2004: 14(4), 124 – 125
- "To assess neuro-physical development of malnourished children", Dissertation for College of Physicians and Surgeons Pakistan

Ongoing Researches

- "Efficacy Of Oral Cobalamin Treatment In Children With Vitamin B12 Deficiency: A Single Center Study "

- Comparison of IYCF feeding indicators among healthy and malnourished children- A single center study.

Grant Received

Received a grant from World Food Program, an International Humanitarian Agency - The grant comprised of nutritional supplement "Plumpy Nut" used for rehabilitation of severely malnourished children from low socio-economic population in the suburb of Karachi, Pakistan

Workshops

- "Teaching professionalism", Jinnah Sindh Medical University, December 2019
- "Supervisory skills", Conducted by WHO collaborating center and department of Medical Education, College of Physicians and surgeons of Pakistan, Karachi , April 2012
- "Educational planning and Evaluation", Conducted by WHO collaborating center and Department of Medical Education, College of Physicians and surgeon, Karachi, May 2012.
- "Research Methodology, Biostatics and Medical writing", Conducted by WHO collaborating center and Department of Medical Education, College of Physicians and surgeon, Karachi, June 2012.
- "Basic Life Support for Health care provider (BLS)", Conducted by American Heart Association at Dow University of Health Sciences, Karachi, September 2012
- "Pediatric advanced Life Support (PALS)", Conducted by American Heart Association at Agha Khan University Hospital, Karachi, September 2012
- "Introductory Course on Biostatistics" jointly conducted by the Universal Statistical Technology and Training (USTAT) and Indus Hospital, Karachi, January 2011
- Clinical Attachment in Pediatric Critical Care Management at Aga Khan University Hospital, Karachi, July – August 2010
- "Communication Skills" organized by International Combined Surgical Meeting at College of Physicians and Surgeons of Pakistan, Karachi, February 2004
- "Research Methodology, Bio-statistics and Medical Writing" conducted by WHO collaboration center and department of medical education, College of Physicians and Surgeons of Pakistan, at Karachi, March 2002
- "Workshop on Nutrition Support for Women and Children", Karachi, April 2002
- "Introduction to computers and internet" conducted by WHO collaboration center and department of medical education, College of Physicians and Surgeons of Pakistan, at Karachi, October 2001
- "Neonatal Resuscitation Workshop" Pakistan Pediatric Association, Karachi, December 1999
- "Medical Statistics" organized by International Combined Surgical Meeting at College of Physicians and Surgeons of Pakistan, Karachi, 7th – 9th November 1997
- "Ventilator Management" workshop held at Hill Park General Hospital, Karachi on 17th, April 2005
- "Lactation Management workshop" organized by Lactation Management Programme Sindh, at Paeds Unit-I, Civil Hospital Karachi, 27th – 30th June 2005
- "Child Protection and Early Case Management of Child Abuse " 2 day Training Workshop organized by Child Rights & Abuse Committee, PPA (Sindh Chapter), Working Group Against Child Sexual Abuse , Save the Children Fund (SCF) – Sweden & Konpal, Child abuse Prevention Society at Paeds Unit-I, Civil Hospital Karachi on 23rd to 24th December 2005.

- “Paediatric Advanced Life Support (PALS)” a 3-day workshop organized by Professional Development Centre of Dow University of Health Sciences at the Clinical Skills Lab Karachi, on 04th, 05th, 06th, April 2006.
- “Cochrane Systematic Reviews: Protocol development” workshop held at Agha Khan University Karachi from 8 – 10 April, 2006.
- “Staff Development Course” certificate awarded by National Academy of Higher Education at Dow University of Health Sciences, Karachi, April 24 to May 22, 2006.
- “Nutritional Support for Women and Children”, Nutrition Support Program, Civil Hospital, Karachi, April 2006

Presentations

- “Clinical profile and features of XDR Enteric fever in children in Karachi” in 5th Biennial International conference of Indus Health network, Karachi, January 2020
- “Efficacy of oral Cobalamin treatment in children with vitamin B12 deficiency” in 24th Biennial International Pediatric conference, Islamabad, November 2019
- “Comparison of demographic features and clinical manifestations of two vector born infections in children”, in Dow University of Health Sciences, Karachi, January 2010
- “Spectrum of chronic liver disease in children”, International Biennial pediatric conference, Karachi, February 2002
- “Importance of breast feeding in children”, Advocacy seminar on lactation, March 2005
- “Experience with dengue fever in Karachi”, DUHS October 2006

Symposia & Seminars

- Awareness of newborn screening program in Pakistan, November 2019
- 6th International conference on Nutrition and growth, Spain, March 2019
- “Symposium on Endocrinological Problems of Children and Adults”, Karachi, August 2004
- “1st Annual Symposium of Dow University of Health Sciences” , Karachi, December 2004
- “2nd National Endocrine Seminar”, Pakistan Endocrine Society, Karachi, March 2004
- “1st Annual Symposium of National Institute of Child Health”, Karachi, January 2005
- “2nd Annual Symposium of Dow University of Health Sciences”, Karachi, December 2005
- “Environmental Pollution: A Silent Killer”, Dow University of Health Sciences, Karachi, February 2010
- “Recent Advances in Feto-maternal Neonatal Medicine”, Aga Khan University Hospital, Karachi, November 2010
- “5 Regional conference of Eastern Mediterranean Association of Medical Editors”, College of physician and surgeons, December 2010

Special Interests

- In-hospital and community management of pediatric nutrition
- Pediatric rehabilitation
- Teaching and Training
- Research

Professional Affiliations

- Life Member of Pakistan Medical Association (PMA)
- Member Pakistan Pediatric Association (PPA)

- Examiner at College of Physicians and Surgeons of Pakistan (CPSP)
- PMC inspector for undergraduate and postgraduate medical colleges.

References

- Dr. Zafar Zaidi
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The Indus Hospital
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- Dr. Syed Moin Aly
Director Medical Education
PMC, Islamabad.
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- Dr. Muhammad Shahid Shamim
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